



SUMMER
in the **PSALMS**

Your Souls quest for God

Week 1: The Soul's Quest for God

Why is the Soul Important?

Week 2: Soul Satisfaction

What Have You Done to Tend to the Soul God Gave You?

The background is a lush green with various tropical plants and leaves in shades of green and brown, creating a dense, naturalistic border around the text.

Soul Identity

When is My Soul at Its Best?

Psalm 103







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When is My Soul at Its Best?

Psalm 103

My Soul is at Its Best When...

The Outpouring of My Praise is to God

- ¹ Praise the LORD, my soul;
all my inmost being, praise his holy name.
- ² Praise the LORD, my soul,
and forget not all his benefits—

My Soul is at Its Best When...

I Am Reminded of the Benefits of God

³ who forgives all your sins
and heals all your diseases,
⁴ who redeems your life from the pit
and crowns you with love and compassion,
⁵ who satisfies your desires with good things
so that your youth is renewed like the eagle's

My Soul is at Its Best When...

I Am Stirred by the Truth of God's Character

⁸ The LORD is compassionate and gracious,
slow to anger, abounding in love.

⁹ He will not always accuse,
nor will He harbor His anger forever;

¹⁰ He does not treat us as our sins deserve
or repay us according to our iniquities.

My Soul is at Its Best When...

I Have Confidence in My Identity in Christ

¹¹ For as high as the heavens are above the earth,
so great is His love for those who fear Him;

¹² as far as the east is from the west,
so far has He removed our transgressions from us.

¹³ As a father has compassion on his children,
so the LORD has compassion on those who fear Him;

¹⁴ for He knows how we are formed,
He remembers that we are dust.

