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The Pursuits  
of Unit



# Luke 6:12-16

Its about identity



# 1. Fresh manna

*Jesus **often withdrew** to the wilderness for prayer. Luke 5:16*

**I want God** not my ideas of God.  
-C.S.Lewis

Above all, get in the habit of **often thinking** of God, and forget Him the least you can.

-Brother Lawrence

## 2. Top Down leadership

*I tell you the truth, the Son **can do nothing** by himself. **He does only** what he sees the Father doing. Whatever the Father does, the Son also does. John 5:19*

The Bible is the only book  
where the author is in love with the  
reader.

# 3. Can't get enough

*He prayed to God **all night**.* Luke 6:12b

Most of us **know about** God, but that is quite different from **knowing God**. -Billy Graham

# DIY Up

We don't believe something by merely saying we believe it, or even when we believe that we believe it. We believe something when we act as if it were true. - Dallas Willard

# 1. Reading the Word

Reading the Bible- is the Logs that feed what the Holy Spirit is doing.

*Give us today our **daily bread**.*

Matthew 6:11





*Man shall not live on bread alone, but on every  
word that comes from the mouth of God.*

Matthew 4:4

The more you read the Bible; the more  
you meditate on it the more you will be  
astonished with it -Charles Spurgeon

# 2. Praise & Thanksgiving

Is the oxygen to the fire.





When you open up your mouth to praise  
God you take your eyes off yourself and put  
them on God.

*God **inhabits** the praises of His  
people. Psalm 22:3*

# 3. Prayer and Fasting

Fasting- **denying something carnal**, or secular or worldly substance. Denying something that feed our physical being and replacing it with something spiritual.

Fasting creates separation from the things of this world **to hear the voice of God.**



Fasting creates greater intimacy with God.



*My sheep **know** My voice. John 10:27*

# Challenges of Up

Business

Fear

I'm working  
harder

Family

Distractions



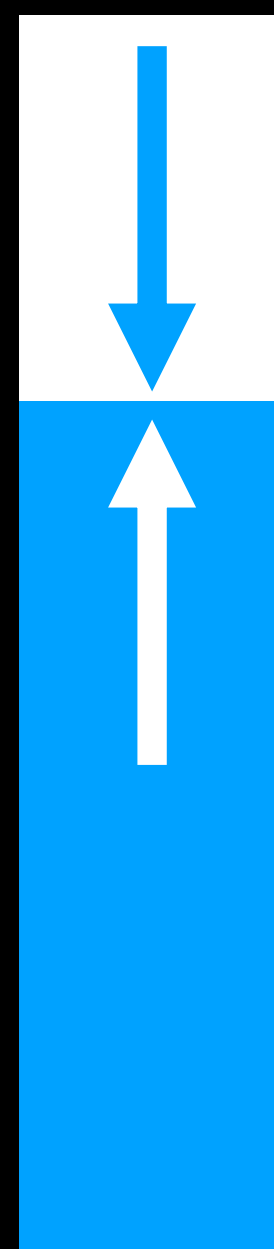
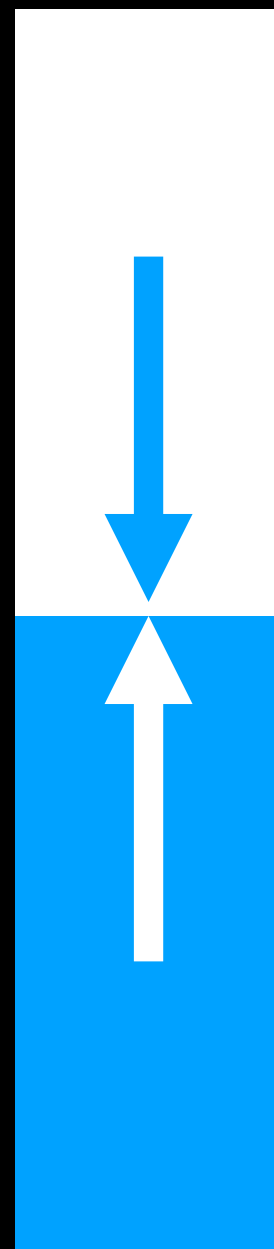
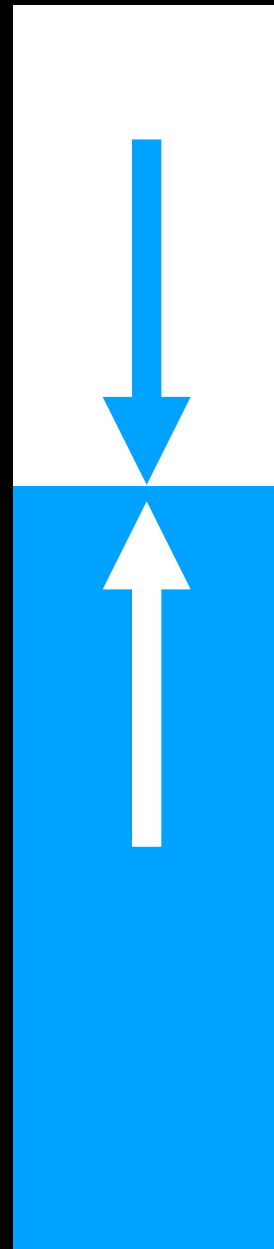
# Challenges of Up

Business	→	Give up something
Fear	→	Replace it with truth
I'm working harder	→	Listen to PLR
Family	→	Wake up earlier
Distractions	→	Eliminate something

# Rate where you are at in these three categories

What is  
pushing it  
down?

What is  
pushing it  
up?



Time with God

Relationship  
with God

Stress