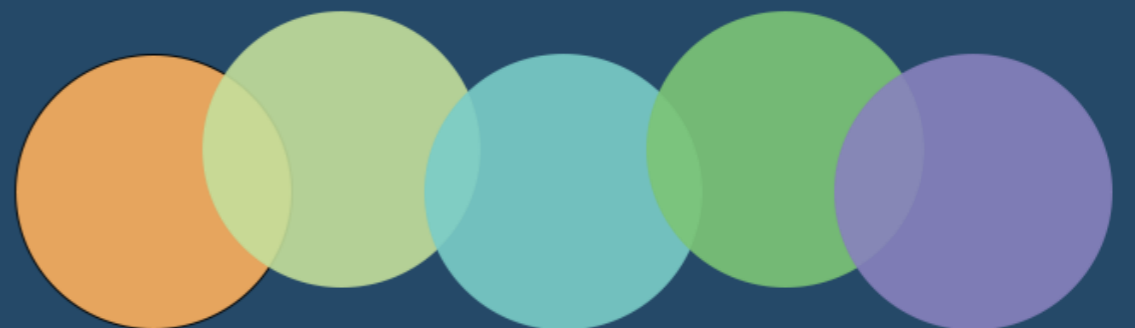# One Another

What we have seen and heard we declare to you, so that you and we together may share in a common life, that life which we share with the father and his son Jesus Christ.

1 John 1:3

1 Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. **2** Bear one another's burdens, and so fulfill the law of Christ. **3** For if anyone thinks he is something, when he is nothing, he deceives himself. **4** But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. **5** For each will have to bear his own load.

Galatians 6:1-5 (ESV)

Bearing is caring.

Bearing is caring…

1. through restoration (vs 1)

Restore -
put to right, shalom, to cause to function
rightly, get sync'd up.

Judgement vs Restoration

Judgement arrogantly calls out the wrong.
Restoration lovingly reveals the wrong.

Judgement snarks at the misstep.
Restoration seeks to show the way to healing.

Judgement never says anything to the person, but says much to others or oneself.
Restoration goes to the person and gently helps to identify the blindspot or sin.

Judgement doesn't care about the future of the person.
Restoration is all about helping others to move forward in the way of Jesus.

Bearing is caring…

1. through restoration (vs 1)
2. through relief (vs 2)

Bearing is caring…

1. through restoration (vs 1)
2. through relief (vs 2)
3. through personal responsibility (vs 3-5)

When we care well for the interior of our own heart, we are free to bear other's burdens.

Pay attention: am I keeping in step with the Spirit of God?

Pay attention: am I aware of what is within my own heart?

Pay attention: do I know the people around me? Church, home, neighbors, co-workers, etc?

Pay attention: do I recognize the needs/frustrations/ fears of the people around me?

Bearing is caring.