

Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

Hebrews 4v14–16 (ESV)

Two encouragements:

Let us hold fast our confession (4v14).

Let us then with confidence draw near to the throne of grace (4v16).

Let us again, and again, and again draw near (in prayer) to the throne of grace.

The way of prayer of is the rhythm of life that confidently and consistently dialogues with Jesus.

P - Pause

Be still and know that I am God.

Psalm 46v10

It [silence] is an invitation to enter more deeply into the intimacy of relationship with the One who waits just outside the noise and busyness of our lives. It is an invitation to communication and communion with the One who is always ways present even when our awareness has been dulled by distraction. It is an invitation to the adventure of spiritual transformation in the deepest places of our being, an adventure that will result in greater freedom and authenticity and surrender to God than we have yet experienced.

- Ruth Haley Barton

How do we pause?

1 Make space

2 Still your mind

3 Let the worry go

Learn to recognize the Spirit's voice

P - Pause

R - Rejoice

Rejoice in the Lord always, and again I say rejoice!

Philippians 4v4 (ESV)

He is the one you praise; He is your God, who performed for you those great and awesome wonders you say with your own eyes.

Deuteronomy 10v21

P - ause

R - ejoice

A-sk

Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father. Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it.

John 14v12-14

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4v6

P - ause

R - ejoice

A-sk

Y - ield

"Not my will, but yours be done."

- Jesus (Luke 22v42)

Effective prayer yields, it gives God the right-of-way for his will do be done.

Two components of yielding:

1

Surrender

2

Confession/Repentance

To YIELD is to TRUST.

Let your Kingdom come, let your will be done.

Matthew 6v10

P - ause

R - ejoice

A-sk

Y - ield

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LOVE WITH NO STRINGS ATTACHED PRAY. SERVE. GIVE.

CROSSPOINT ALLIANCE CHURCH 2019 ADVENT INITIATIVE



"You must try to pray so that, in your prayer, you open yourself in such a way that sometimeperhaps not today, but sometime-you are able to hear God say to you, "I love you!" These words, addressed to you by God, are the most important words you will ever hear because, before you hear them, nothing is ever completely right with you, but after you hear them, something will be right in your life at a very deep level."

- Ronald Rolheiser